



Psychological and Sociological Study of Women Cultural Growth and Sublimity in Virtual Space Set

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Abstract

The purpose of the current research was to investigate the cultural growth and sublimity of women in the virtual space set from the psychological and sociological point of views. The research universe included all the psychological and sociological texts related to the virtual space set and cultural growth and sublimity. The sample encased psychological, sociological, cultural and the virtual space subjects concerning women. The method of the research was descriptive-analytical. To collect data documentary and library procedure by note taking on index cards involving the significant concepts was implemented. The data was analyzed via content analysis. The results of the research showed that women needed to have mental health, participate and benefit from the facilities and opportunities of social life and their capabilities, including scientific and cultural approaches, helped women to achieve independence and self-sufficiency. The promotion of psychological health and sublimity of women was influenced by several factors, including the most important of them - the factors of restraints, promotion of public culture, women's networks and organizations, media and virtual space which were referred to as "virtual space set". Also, correct policy-making based on Islamic and Iranian culture could provide the basis for maintaining the balance and psychological health of women along with their growth and sublimity. Establishing communication and interaction of women with the society through virtual space and creating traditional networks and organizations specific to women were effective factors in maintaining the psychological health and cultural sublimity of women, which could be transformed from the specialized and scientific to the public and the popular fields.



Extended abstract

Introduction: Psychological health and the presence of women in various political, economic, social and cultural fields were issues that have always been questioned and in the distant and even recent past, it was not thought that women were the same as men. Gradually, from several decades ago, the necessity of women's presence and participation was felt, and in many societies, women came to the social arenas alongside men, and with the advancement of science and the recognition of their talents and abilities, they came forward as an influential element in society. After the victory of the Islamic Revolution, attention to the psychological health and empowerment of women was compiled based on the teachings of Islam and the Constitution as the most important document of the National Covenant and some of the principles of the Constitution (Principles 28-3-2). -29-30) equality of men and women. Global statistics showed the negative and unpleasant situation of women, and according to the United Nations report, most of the displaced and homeless are women, and women make up to 70% of the population below the poverty line, which makes the feminization of poverty in the world. On the other hand, inequality, discrimination, and humiliation of women causes a decrease in psychological health and human dignity, and discrimination of women, in addition to delaying and preventing their growth and sublimity, causes their participation in personal, social, and family matters to be distorted. Such circumstances have adverse results on the foundation of family and society and therefore restricting women to the four walls of the house, humiliating their thoughts, opinions and works and many other restrictions suppress their genius and great forces. At the same time, the interaction between women and society through different environments, including virtual space, can be effective in its growth and sublimity and the progress of society, therefore the purpose of the current research was to investigate the cultural growth and sublimity of women in the virtual space set from the psychological and sociological point of views.

Method: The research universe included all the psychological and sociological texts related to the virtual space set and cultural growth and sublimity. The sample encased psychological, sociological, cultural and the virtual space subjects concerning women. The method of the research was descriptive-analytical. To collect data documentary and library procedure by note taking on index cards involving the significant concepts was implemented. The data was analyzed via content analysis.

Results: The results of the research showed that women needed to have mental health, participate and benefit from the facilities and opportunities of social life and their capabilities, including scientific and cultural approaches, helped women to achieve independence and self-sufficiency. The promotion of psychological health and sublimity of women was influenced by several factors, including the most important of them - the factors of restraints, promotion of public culture, women's networks and organizations, media and virtual space which were referred to as "virtual space set". Also, correct policy-making based on Islamic and Iranian culture could provide the basis for maintaining the balance and psychological health of women along with their growth and sublimity. Establishing communication and interaction of women with the society through virtual space and creating traditional networks and organizations specific to women were effective factors in maintaining the psychological health and cultural sublimity of women, which



could be transformed from the specialized and scientific to the public and the popular fields.

Conclusions: Based on the research model of women's growth and sublimity in the virtual space set, achieving a value-oriented process and introducing women's growth and sublimity as a religious, social and academic goal through information and communication technology and virtual education based on it. By reviewing the changes in society and the position of women in Iran after the revolution and analyzing the changes, it is clear that in recent years, the psychological health, growth and cultural and social sublimity of women have increased compared to the past. In using all capacities, it is important to change the attitude and culture of women's participation and sublimity in such a way that women's improvement actions and activities are extended from the specialized and practical field to the common and general field with universal acceptance. It should be noted that through the media, women's communication and interaction with the society through virtual space and acceptable cultural policies and education, promotion and institutionalization of rationalized programs could grow and bring the sublimity of women into the public and civil arena.

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