



**Research Article**

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### **ABSTRACT**

This study was conducted to investigate the effect of dietary chromium-methionine (Cr-Met) supplementation on growth performance, feeding behavior and physiological responses of Holstein male calves during two different phases of body weight (BW). Twenty six (153.5±9.83 kg of BW) male calves were divided in two groups (n=13) and randomly assigned to treatments: 1) control and 2) Cr-Met (1.1 mg Cr/kg of diet on a dry matter (DM) basis). Each phase consisted of 1 week pen acclimatization, 3 weeks diet adaptation and 1 week sample collection. After the first phase, all calves received the basal diet (without Cr-Met) for 6 weeks. After this period, the second phase started (240.1±12.15 kg BW). During the second phase treatments changed between 2 groups. Calves fed with Cr-Met diet had lower DM intake and average daily gain  $(P<0.05)$  and rectal temperature  $(P<0.01)$  than the control group, whereas blood metabolites and feeding behaviors were similar between 2 groups during the first phase of experiment. During the second phase, calves fed with Cr-Met had greater DM intake, weight gain, average daily gain and standing time behavior (P<0.05) and lower blood glucose concentration, rectal temperature and resting time behavior (P<0.05) compared with calves fed with control diet. In conclusion, effect of feeding 1.1 mg Cr/kg DM as Cr-Met supplement to Holstein male calves on growth performance, blood glucose and resting and standing behavior might be related to body weight.

**KEY WORDS** blood glucose, chromium methionine, feeding behavior, Holstein male calves.

## **INTRODUCTION**

Trivalent chromium (Cr) is an essential micro mineral for human and animals. Chromium potentiates insulin function via enhancing its binding to target cell receptors and also through improving its post-receptor signaling [\(Kegley](#page-6-0) *et al.* [2000;](#page-6-0) [Vincent, 2001\)](#page-6-1). Chromium in feed is weakly absorbed in animals, therefore dietary Cr supplementation in various chemical forms has been investigated over the past two decades. Supplementing Cr from highly bioavailable resources may provide the Cr requirement [\(Spears](#page-6-2) *et al.* [2012\)](#page-6-2). Addition of Cr to diet has been demonstrated to increase blood glucose clearance rate and tissue insulin sensitivity ([Kegley](#page-6-0) *et al.* 2000; [Spears](#page-6-2) *et al.* 2012), enhance performance ([Moonsie-Shageer and Mowate, 1993](#page-6-3)), and improve the immune response [\(Chang and Mowate, 1992](#page-6-4)) of growing calves mostly under stressed condition regardless of its supplemented source.

In human, greater blood free fatty acid concentration in obese people as a result of fat accumulation in non-adipose tissues (in particular liver and muscle) is the key factor to lower insulin sensitivity of peripheral tissues. Moreover, insulin resistance may attenuate the weight gain of growing animals. Insulin increases cellular glucose uptake, stimulates glycolysis, and promotes the hepatic and muscle carbohydrate, fat and protein synthesis [\(Baumgard](#page-6-5) *et al.* 2016). However, insulin sensitivity decreases throughout the first year of life in human ([Ryan, 2000](#page-6-6); [Chen and Hess, 2008](#page-6-7)) and ruminant animals [\(Clarke](#page-6-8) *et al.* 2000). [Eisemann](#page-6-9) *et al.*  [\(1997\)](#page-6-9) reported the decreased glucose metabolism and insulin sensitivity at heavier body weights in Holstein beef steers. Furthermore, as percentage of fat in the body tissues increased by age and weight, insulin sensitivity of tissues decreased in heifers [\(McCann and Reimers, 1985b\)](#page-6-10).

The hypothesis of present research was that in Holstein male calves undergoing high weight gain rate, the insulin function might decline because of insulin resistant with advancing body weight and age. Therefore, the Cr requirement might increase. The objectives of current study were to investigate the effects of feeding chromium-methionine (Cr-Met) on performance, feeding behavior and physiological responses of young male calves during two phases of body weight and age.

## **MATERIALS AND METHODS**

#### **Experimental design, diets and animals' management**

Twenty-six growing Holstein male calves with average initial body weight of  $153.7 \pm 9.8$  kg were used in this study. The calves were randomly assigned to two experimental groups (13 calves per each) including control (no Cr-Met supplementation) and Cr-Met group (receiving 1.1mg/kg of DM of  $Cr^{3+}$  from Availa Cr provided by Zinpro Company, USA). Basal diet (Table 1) formulated according to [NRC \(2001\)](#page-6-11) for weaned calves. Each pen (23×9  $\text{m}^2$ ) consisted of two sections of shaded (8×9 m<sup>2</sup>) and unshaded parts. Calves were cared for according to the guidelines of the [Iranian Council of Animal Care \(1995\)](#page-6-12). The Current study conducted in 2 different phases which the first phase lasted from August 19 to September 24 and the second from November 5 to December 10 in 2013. During an adaptation period of 10 days, calves in each pen fed with basal diet (Table 1) without any Cr-Met supplementation. Body weight of each calf at the end of adaptation period recorded and used as covariate in final statistical model [\(Robinson](#page-6-13) *et al.* 2006).

After the adaptation period, calves received experimental diets for 21 days followed by 7 days of sample collection including group daily DM intake recording, blood sample collection, feeding behavior and body weight measurements [\(Robinson](#page-6-13) *et al.* 2006). After the first phase of experiment, all calves received the basal diet without Cr-Met addition for 6 weeks and then second phase of experiment started. Duration of second phase of the experiment and data collection procedures were similar to the first phase exception for Cr-Met addition, which switched between groups. Calves had free access to water throughout the study. During the current study, mean of weather temperature and maximum temperature humidity index (THI) were respectively 30 ˚C and 70 at the first phase and 15 ˚C and 57 for the second phase (Yari *et al.* [2010\)](#page-6-14).

**Table 1** Ingredients and chemical composition of basal diet

<b>Ingredients</b>	% of dry matter
Alfalfa hay (early flower)	50.0
Corn grain	13.0
Barley grain	13.0
Wheat bran	13.0
Canola meal	9.5
Sodium bicarbonate	0.3
Calcium carbonate	0.2
Salt	0.2
Mineral-vitamin mixture	0.8
Chemical composition <sup>1</sup>	
Crude protein (CP)	15.2
Neutral detergent fiber (NDF)	37.0
Non-fiber carbohydrates $(NFC)^2$	39.0
Ether extract (EE)	3.2
Metabolizable energy (Mcal/kg DM)	2.34
Net energy for gain (Mcal/kg DM) $^{1}$ Calculated with NRC (2001) coftware	0.90

<sup>1</sup> Calculated with [NRC \(2001\)](#page-6-11) software.<br><sup>2</sup> NFC calculated as: NFC= 100 - (CP+NDF+EE+ash).

## **Dry matter intake, body weight gain and feed conversion ratio**

Body weight gain was calculated as final individual body weight minus initial body weight. Average daily group DM intake during 7 days of sampling period within each phase was measured and was used as replication to compare statistically effects of treatments. To calculate individually DM intake daily group DM intake was divided by the number of calves within each pen. The feed conversion ratio (FCR) was determined for each period using individual body weight gain divided by average of group DM intake measured during 7 days ([Robinson](#page-6-13) *et al.* 2006).

## **Rectal temperature, blood metabolites and feeding behavior measurements**

Five calves from each pen were randomly selected and numbered for further measurements of rectal temperature, blood sampling and feeding behaviors.

Rectal temperature measurements performed before collecting blood samples with digital thermometer as described by Yari *et al.* [\(2010\).](#page-6-14) Blood samples were drawn from the jugular vein of each calf between 11:30 and 12:30 h on day 27 in each period. Blood samples were immediately placed on ice to coagulate and moved to the laboratory and centrifuged at 3500 g for 15 min. Serum concentrations of total protein, glucose and blood urea nitrogen (BUN) were measured using an auto analyzer system (Biotecnica, Targa 3000, Rome, Italy) with commercial kits and associated procedures (Pars Azmon Co., Tehran, Iran). Serum insulin concentration was analyzed using ELISA method according to the insulin analysis kit (Insulin ELISA kit, monobindinc. Lake Forest CA USA) instruction.

Feeding behaviors were continuously monitored for 24 h at day 27 of each period as described by Yari *et al.* [\(2014\).](#page-6-10) Feeding behavior was defined every 5 min as resting, eating, ruminating and standing.

Total time (min) spent on each activity was quantified by multiplying the total number of observations for that activity by 5.

#### **Statistical analysis**

Data from each phase was separately analyzed using mixed procedure of SAS 9.2 ([SAS, 2003](#page-6-2)) by following statistical models:

 $Y_{ij} = \mu + T_i + B_j + e_{ij}$  $Y_{ijk} = \mu + T_i + B_j + D_k + FBW_l + e_{iik}$ 

#### Where:

 $Y(Y_{ii}$  and  $Y_{iik})$ : observation of the dependent variable. µ: fixed effect of population mean for the variable. Ti: fixed effect of treatment (i=2; control and Cr-Met).  $B_i$ : random effect of calf within treatment (j=13).  $D_k$ : fixed effect of day (k=7; 1-7). FBW<sub>1</sub>: fixed effect of first body weight  $(l=13)$ .

e ( $e_{ij}$  and  $e_{ijk}$ ): random error associated with the related observation.

Model 1 was used for analysis of feeding behaviors, rectal temperature and blood metabolites. Experimental replicates were numbered calves within each pen during each period (n=5). Model 2 was used for analysis of DM intake which day of sampling (n=7) used as replication. Final body weight, body weight gain and FCR were analyzed by model 2 without the effect of day. The first body weight used as covariate in this model to improve the precision of analysis. The adjust Tukey test was used for multiple treatment comparisons using the LSMEAN statement of SAS 9.2 ([SAS, 2003](#page-6-2)). The statistical differences were considered significance at  $P \le 0.05$  and trends at  $P \le 0.10$ .

## **RESULTS AND DISCUSSION**

#### **Growth performance responses**

The results of growth performance are shown in Table 2. Initial body weight of calves was not statistically different. During first phase, calves fed with diet supplemented with Cr-Met tended to have lower final body weight  $(P=0.06)$ and decreased DM intake, total weight gain and average daily gain (P<0.05), whereas FCR was similar between 2 group calves (P=0.16). At the beginning of second phase, body weight of calves was statistically similar. Calves fed diet with Cr-Met-supplemented had greater DM intake, body weight gain, average daily gain (P<0.05) and tended to have greater final body weight (P=0.06) while had similar FCR compared with calves fed diet without Cr-Met (P=0.16) during the second phase of experiment.

### **Feeding behaviors**

During first phase, feeding behavior measurements were similar between 2 experimental groups (Table 3). Calves fed with Cr-Met diet had lower resting time and greater standing time behavior during second phase of the experiment compared with calves fed with control diet (P<0.05; Table 3).

## **Blood metabolites and rectal temperature**

During the first phase, blood metabolites concentrations were similar between 2 group calves (Table 4). Calves fed with dietary supplemental Cr-Met had lower rectal temperature compared with calves fed control diet (P<0.01; Table 4). In addition, rectal temperature of calves decreased by feeding Cr-Met diet in the second phase (P<0.01). Calves fed with Cr-Met supplemented diet had lower blood glucose concentration  $(P<0.05)$  whereas other blood metabolites were similar between 2 groups in the second phase of experiment (Table 4).

The magnitude of Cr used in the present study as Cr-Met supplement (1.1 mg/kg DM) was below the maximum tolerable level for cattle which has been estimated at 100 mg of Cr/kg of DM ([Spears](#page-6-2) *et al.* 2012).

During the first phase of study, there was a difference in the rate of body weight gain between 2 groups of calves while feeding behaviors and blood metabolites were similar. The relationship between Cr supplementation and body weight gain is still controversial. It has been resulted that using Cr supplementation in diet increased average daily gain in stressed, receiving feedlot calves [\(Chang and](#page-6-4)  [Mowate, 1992](#page-6-4); [Moonsie-Shageer and Mowate, 1993;](#page-6-3) [Kegley](#page-6-15)*et al.* 1997). Calves received supplemental dietary Cr yeast had 30% [\(Chang and Mowate, 1992](#page-6-4)) and 27% [\(Moonsie-Shageer and Mowat, 1993\)](#page-6-3) increases in average daily gain compared with those not fed with Cr.





BW: body weight; DMI: dry matter intake; ADG: average daily gain and FCR: feed conversion ratio.

The means within the same row with at least one common letter, do not have significant difference (P>0.05).

SEM: standard error of the means.





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**Table 4** Blood metabolites and rectal temperature of Holstein young calves fed with chromium methionine (Cr-Met) supplemented diet at different body weights



Ins:glu: insulin to glucose ratio and T: temperature.

The means within the same row with at least one common letter, do not have significant difference (P>0.05).

SEM: standard error of the means.

Similarly, calves fed with Cr-nicotinic acid complex also displayed increased average daily gain by 11% ([Kegley](#page-6-15) *et al.* [1997\)](#page-6-15) comparing with those on the control diet.

Some studies have reported no differences in average daily gain, DM intake, FCR and final body weight of steers fed either 0.0 or 0.2 mg Cr/kg DM as Cr yeast [\(Chang and](#page-6-4)  [Mowate, 1992\)](#page-6-4) or 3 mg Cr/kg DM as a Cr amino acid chelate [\(Mathison and Engstrom, 1995](#page-6-16)). In addition, steers fed 0.4 mg Cr/kg DM had decreased average daily gain, DM intake, FCR, final body weight when compared to those fed 0.0 and 0.2 mg Cr/kg DM ([Pollard](#page-6-9) *et al.* 2002). Feeding 3 mg Cr/kg DM as a Cr amino acid chelate ([Mathison and](#page-6-16)  [Engstrom, 1995\)](#page-6-16) decreased hot carcass weight when compared to the control diet. Our results from the first phase are in consistent with findings of [Pollard](#page-6-9) *et al.* (2002) who reported that organic Cr supplementation in the level of 0.4 ppm decreased average daily gain, DM intake, FCR and final body weight.

At the second phase of this study, calves fed with diet supplemented with Cr-Met, with heavier body weight, had lower blood glucose concentration, numerically lower insulin and insulin/glucose ratio compared with calves in control group. Environmental condition such as heat stress, basal diet composition and physiological stage can affect the insulin function and glucose metabolism in cattle ([McCann and Reimers, 1985b;](#page-6-10) Yari *et al.* [2010](#page-6-14); [Spears](#page-6-2) *et al.* [2012\)](#page-6-2). The recorded THI during this study might be considered as mild (during first phase) to weak (during second phase) heat stress for young calves. Chromiummethionine feeding during heat stress has been reported to improve performance in dairy cows ([Nikkhah](#page-6-17) *et al.* 2011) and dairy calves (Yari *et al.* [2010](#page-6-14)) as a result of improved insulin function. [Forbes \(1980\)](#page-6-18) explained that with increased fatness and days on feed, adipocytes have been reduced ability to remove glucose from the blood because of their decreased sensitivity to insulin. [Radunz](#page-6-18) *et al.*  [\(2012\)](#page-6-18) also stated that steers had increased insulin resistance as they were longer on a corn-based finishing diet. [Spears](#page-6-2) *et al.* (2012) reported that heifers supplemented with Cr at the level of 0.47 mg/kg DM from Cr propionate for 43 d were more insulin sensitive because of decreased insulin, glucose concentration and insulin to glucose ratio. Feeding Cr-Met at the level of 0.02 and 0.04 mg/kg  $BW^{0.75}$  (0.25 and 0.50 mg/kg DM, respectively) improved tissue insulin responses through glucose tolerance test (Yari *et al.* [2010](#page-6-14)).

In a study on growing calves with functional rumen, feeding Cr as Cr-Met (BW range from 288 to 312 kg) at two levels of 0.4 and 0.8 ppm, did not change final body weight and DM intake while glucose clearance rate after an insulin infusion and insulin response to an intravenous glucose challenge increased [\(Kegley](#page-6-15) *et al.* 1997). These variable results may reflect differences in Cr status of the calves, the amount of stress to which the calves had been exposed, physiological stage, body weight and age, the amount and bioavailability of Cr in the basal diet, or the bioavailability of the supplemental Cr sources [\(Kegley](#page-6-15)*et al.* [1997;](#page-6-15) [Spears](#page-6-2) *et al.* 2012; Yari *et al.* [2010](#page-6-14)).

In the study of [Chang and Mowat \(1992\)](#page-6-4) and [Moonsie-](#page-6-3)[Shageer and Mowate \(1993\),](#page-6-3) feeding Cr at the level of 0.2 and 0.4 ppm improved DM intake and average daily gain in under-shipment stressed young calves but in pre-weaning calves, feeding 1 ppm Cr did not influence DM intake and average daily gain [\(Depew](#page-6-19) *et al.* 1998). In some studies, feeding Cr did not affect DM intake and average daily gain [\(Kegley](#page-6-15) *et al.* 1997; [Kegley](#page-6-0) *et al.* 2000; [Depew](#page-6-19) *et al.* 1998) mainly because of Cr levels and sources in diet, severity of stress and physiological stage of animal. Feeding growing finishing pigs with  $0.025$ ,  $0.05$ ,  $0.10$  and  $0.2$  ppm of Cr supplements improved linearly dry matter intake (DMI) and average daily gain (ADG) while feeding at the level of 0.4 and 0.8 ppm decreased DM intake and average daily gain (Page *et al.* [1993\)](#page-6-19). Close to the Cr dosage used in current study, [Mousaie](#page-6-5) *et al.* (2014) reported that feeding 0.8 mg Cr-Met/kg DM in growing lambs under transportation stress resulted in increased DM intake and average daily gain and improved FCR. Current data provide evidence that 1.1 mg Cr/kg DM can be effectively used for improve DM intake, body weight gain and average daily gain in calves with  $> 200$  kg of body weight.

#### **Blood metabolites**

Calves fed with diet supplemented with Cr-Met during the second phase of this experiment had lower blood glucose concentration. Blood glucose level can be a direct index of energy metabolism in the body of animal. The level of circulating insulin in cattle is strongly correlated with the body weight gain rate, and feed restriction would result in a decline in its concentration ([Hayden](#page-6-20) *et al.* 1993; [Kegley](#page-6-0) *et al.* [2000;](#page-6-0) [Spears](#page-6-2) *et al.* 2012). Decreased glucose concentration in calves fed with Cr-Met during the second phase may be due to their increased insulin sensitivity. [Hayden](#page-6-20) *et al.*  [\(1993\)](#page-6-20) reported decreased plasma concentration of glucose corresponded with a decreased concentration of insulin in steers. In the second phase, decreased numerically insulin concentration and significantly glucose concentration in calves fed with Cr-Met may indicate higher disposal rate of glucose from peripheral blood by tissues through increased tissue insulin sensitivity. This higher glucose uptake by tissues may be a possible explanation for better growth performance of calves fed supplemental Cr-Met during the second phase of experiment.

Calves fed with both experimental diets had similar blood total protein and urea concentrations. Our findings are in consistent with results of [Moonsie-Shageer and](#page-6-3)  [Mowate \(1993\)](#page-6-3) who reported that feeding Cr supplement at the level of 0.2, 0.4 and 1 ppm did not cause changes in blood urea and total protein concentration of stressed calves.

However, [Kegley](#page-6-0) *et al.* (2000) showed that feeding 0.4 and 0.8 ppm of Cr-Met increased blood urea at 2 h after feeding time. In current study, a lack of difference between 2 groups in the case of blood urea and total protein may be related to the sufficient supply of protein in the body, balanced protein to energy ratio and appropriate ruminal nitrogen metabolism [\(Kegley](#page-6-0) *et al.* 2000).

### **Feeding behavior and rectal temperature**

Feeding behaviors in the first phase were similar among calves but during the second phase, calves fed with Cr-Met supplement had lower resting time and higher standing time. There are little information about the reasons for different types of behavior in calves. However, the possible reason for decreased resting (lying) time may be due to bedded floor system and space allowance per each animal.

In a study conducted on heifers [\(Mogensen](#page-6-21) *et al.* 1997) a correlation between lying periods and daily gain was found. In that study, heifers housed on slatted floor with few lying periods also had a low daily gain. They demonstrated that heifers with changing position problems also had reduced gain. However, in the current study there were enough allowance space and deep-bedded system. Moreover, calves on Cr-Met diet had improved growth performance at the second phase of experiment. Therefore, decreased resting time and increased standing time might be related to other animal physiological responses, which are unknown for us, and remain to be elucidate in future studies.

There are a few evidences regarding the effects of dietary Cr supplements on feeding behavior and rectal temperature of calves. [Szyszka](#page-6-22) *et al.* (2012) in a study on steers showed that the lying behavior of steers challenged with lipopolisacharides (LPS); as an acute health challenger) and parasite *Ostertagia ostertagi* (as a chronic health challenger) lasted while rectal temperature did not change. Induced acute and chronic stress in their study had time dependent effect on body weight gain. In LPS-treated animals, standing and lying time were not affected while, *O. ostertagi*-challenged animals, showed increased standing and lying periods and average meal duration [\(Szyszka](#page-6-22) *et al.* 2012). Over the last decade, there has been a growing scientific interest in feeding behavior of cattle especially dairy cows. Mechanisms controlling feed intake are dependent on the interaction between diet and physiological state of animals. Age, pregnancy, lactation, and adiposity are main factors affect physiological state. That is characterized by differences in insulin sensitivity of tissues and plasma levels of insulin and likely other hormones such as growth hormone, and leptin [\(Allen and Piantoni, 2014\)](#page-6-23). Improved performance of calves fed with Cr-Met in the second phase of this study with reduced blood glucose might likely indicate that peripheral tissues have used nutrients with more efficiency that have been resulted to change in resting and standing behavior time.

Calves fed with Cr-Met had lower rectal temperature during 2 experimental phases. Physiological and hormonal changes in the body during stress condition may result in increased rectal temperature [\(Moonsie-Shageer and](#page-6-3)  [Mowate, 1993;](#page-6-3) Yari *et al.* [2010\)](#page-6-14). Chromium metabolism in animal and human body is strongly influenced by stress condition, its intensity and duration. In the study of [Arthington](#page-6-24) *et al.* (1997), feeding Cr did not reduce rectal temperature when calves challenged with type 1 hepatitis B virus (HBV-1) and rectal temperature increased ([Arthington](#page-6-24)  *[et al.](#page-6-24)* 1997). However, our results are in consistent with findings of [Moonsie-Shageer and Mowate \(1993\)](#page-6-3) who reported feeding Cr to calves challenged with pig red blood cell and calves under stress of shipment, rectal temperature decreased. The reduction in rectal temperature in calves fed with Cr may be because of Cr impact on lowering cortisol in stressed calves ([Moonsie-Shageer and Mowate, 1993](#page-6-3); Yari *et al.* [2010](#page-6-14); [Ghorbani](#page-6-25) *et al.* 2012). The mean of THI of 70 for the first phase and 57 for the second phase of current study could not be considered as heat stress condition for young calves (Yari *et al.* [2010\)](#page-6-14). Therefore, it seems that calves in this study did not undergo stress condition and reduction in rectal temperature in response to feeding Cr-Met may be related to other physiological effects of Cr which are remained to be clarified. Altogether, current data and previous results (Yari *et al.* [2010](#page-6-14); [Ghorbani](#page-6-25) *et al.* 2012) support the hypothesis that Cr-Met effects on calves performance, physiological responses and feeding behaviors dependent mainly on age, body weight and rate of weight gain.

# **CONCLUSION**

Growing young Holstein male calves responses such as dry matter intake, body weight gain, blood glucose, rectal temperature as well as standing and resting feeding behavior to Cr-Met supplementation with the level of 1.1 mg Cr/kg DM in a diet with forage to concentrate ratio of  $\sim$  50:50 under normal condition changed as their body weight and age increased. These data may indicate that glucose metabolism of young male Holstein calves differ as their body weight increase and therefore may influence on Cr requirements.

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