

Investigating the Effect of Extracurricular Activities on the Social, Emotional, and Academic Performance of First-year High School Students in Kermanshah (District 3) from the Teachers' Perspective

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Abstract

The purpose of the present study is to investigate the role of extracurricular activities on the social, emotional, and academic performance of first-year high school students in Kermanshah (District 3) from the perspective of teachers in this district. The present study is descriptive-survey. The statistical population of this study included all first-year high school teachers in Kermanshah District 3 who were teaching in academic years 2022-2023. The total number of these teachers is reported to be 593, out of which 297 were recruited as the statistical sample. The sampling method was simple random and the data collection tool was a researcher-made questionnaire. The data analysis was initially descriptive, including the mean, standard deviation, etc. SPSS software and one-sample t-test were used to analyze the data. The test results showed that there is a significant relationship between extracurricular activities and the social, emotional, and academic performance of students, so that an increase in participation in extracurricular activities increased students' social, emotional, and academic performance.

Keywords: social functioning, emotional functioning, academic performance, extracurricular activities

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