https://sanad.iau.ir/en/Journal/fhj/Article/1207892

The effect of age on cerebellar function and cognitive-behavioral function in the elderly

Soudabeh Zalaqi,¹ Mohamad Azhdarloo^{*},² Ahmad Azhdarloo³

Abstract

Introduction: The role of the cerebellum in reducing the activities and cognitive and behavioral function of the elderly is very important and little research has been done in this field. The different functions of the cerebellum are very important in the brain structure of older people. Therefore, the aim of this study was to investigate the effect of age on cerebellar function and cognitive-behavioral function in the elderly.

Research Method: To date, evidence has shown that there is a morphological difference between the cerebellum of individuals that over time and with increasing age, cognitive and motor behaviors affect individuals. Cerebellar morphology is better than the prefrontal cortex for predicting functions and performing tasks. To analyze his research, he analyzed brain cell connections and imaged nerve fibers.

Results: The results showed that the cerebellum plays a very important role in reducing the performance of the elderly. In the study a perceptual framework was used to influence the role of the cerebellum in the performance of individuals and the internal model was considered.

Conclusion: Evidence showed that the cerebellum is affected by age and more research should be done in this field to be able to determine the role of the cerebellum in motor and cognitive control function at different ages.

Keywords: Age, Cerebellum, Cognitive-behavioral functionReceived: 2021/9/29Accepted: 2021/12/15

Citation: Zalaqi S, Azhdarloo M, Azhdarloo A. The effect of age on cerebellar function and cognitive-behavioral function in the elderly, Family and health, 2022; 12(2):

¹ - Master of Positive Psychology Payame Noor University Boroujerd Iran. rozesefid1611@gmail.com

² - (**Corresponding author**), Master of General Psychology Islamic Azad University Marvdasht Branch Marvdasht Iran. <u>m.azhdarlo98@gmail.com</u>

³ - Master of Clinical Psychology Islamic Azad University Firoozabad Branch Firoozabad Iran. ajdarlooahmad@gmail.com

^{© 2020} The Author(s). This work is published by family and health as an open access article distributed under the terms of the Creative Commons Attribution License (http://creativecommons.org/licenses/by-nc/4.0/). Non-commercial uses of the work are permitted, provided the original work is properly cited.