



Investigating Educational and Psychological Themes of the Women Lullabies of Fars Juyom Region Culture

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Abstract

The purpose of the current study was to investigate the educational and psychological themes of women lullabies of Fars Juyom region culture. The research population included all Juyom region of Fars women. The sample subsumed 23 aged women (older than 50 years) whom were selected via purposive sampling procedure. Then all were being interviewed. The research method was descriptive-analytical. Both field and library methods were used to collect data. In the first step, the educational and psychological concepts of the lullabies related to folklore culture were investigated. Then the educational and psychological themes of women lullabies of Fars Juyom region were considered. The findings revealed that based on child psychology the lullabies were not just a song to put the child to sleep, rather, lullabies had an effect on the child's progress and growth rate, increasing loving relationships between parents and children in families. The use of lullabies had an effect on relieving worries, treating mental disorders and psychological well-being of mothers. From a psychological point of view, lullabies provided a psychological, emotional and intellectual situation in which the mother expressed her hopes and dreams. Also, in the ancient region of Joym, lullabies for women were not just a song to put the child to sleep, but lullabies were like a medium through which women expressed their desires, wishes, prayers, curses and protests. In fact, lullabies had a hidden function in addition to the obvious function of a mother's song to put the child to sleep. Lullabies Joym's region were full of emotional and maternal aspect, which was visible in different levels of lullabies.



Extended abstract

Introduction: In many psychological theories and researches, especially in theories with a psycho-social approach, one of the most important human needs was the feeling of security and belonging. Fromm (1973) which had introduced the seeking for security as a universal drive. Also Horney (1954) In her theory discussed that one of the fundamental concepts is the need to feel safe in childhood. The importance of a mother for a child is not only limited to meeting his/ her needs. Rather, all the child's sense of security depends on the presence of the mother. From the psychological point of view, music is a kind of psychological need that is considered for the flourishing of a person's talent. Therefore, dealing with music in lullaby is considered not to propagate it in culture, but in response to the natural needs of the child. Mother's lullabies are the purest music. Children's folk songs are one of the most important and valuable parts of the culture of any ethnic group. In fact, by examining the common songs of a region, one can understand their customs, culture, way of life, social and psychological conditions. One of the important educational methods for children is the use of lullabies, which psychologically affects the psychological and cognitive characteristics of children. Therefore, the purpose of the current study was to investigate the educational and psychological themes of women lullabies of Fars Juyom region culture.

Method: The research population included all Juyom region of Fars women. The sample subsumed 23 aged women (older than 50 years) whom were selected via purposive sampling procedure. Then all were being interviewed. The research method was descriptive-analytical. Both field and library methods were used to collect data. In the first step, the educational and psychological concepts of the lullabies related to folklore culture were investigated. Then the educational and psychological themes of women lullabies of Fars Juyom region were considered.

Results: Analysis of the style of lullabies indicated that the lullabies of Fars Juyom region could be examined at five lexical, phonetic, ideological, rhetorical and syntactic levels. lullabies, in addition to their obvious function, which is a soothing song for children to sleep, also have a hidden function, which can be found by lingering in the lullabies. The lullabies could be categorized as follow: Lullabies with themes of mother-child relationship: One of the notable topics in the lullabies of the Juyom region is the lullabies that include the themes of mother-child relationship. In this type of lullaby, the mother expresses her wishes, expectations, wishes and prayers for her child in the form of a lullaby. Lullabies with themes of relationship between husband and wife: Another important topic that exists in the lullabies of Juyom region is the relationship between the wife and the husband, which is expressed in the form of lullabies. Among the lullabies that are popular in the Juyom region, an example of this type of lullaby has been obtained, which tells the story of a girl's life in her own words, who lost her mother and was caught by a cruel and unkind stepmother.

Conclusion: The findings revealed that based on child psychology the lullabies were not just a song to put the child to sleep, rather, lullabies had an effect on the child's progress and growth rate, increasing loving relationships between parents and children in families. The use of lullabies had an effect on relieving worries, treating mental disorders



and psychological well-being of mothers. From a psychological point of view, lullabies provided a psychological, emotional and intellectual situation in which the mother expressed her hopes and dreams. Also, in the ancient region of Joym, lullabies for women were not just a song to put the child to sleep, but lullabies were like a medium through which women expressed their desires, wishes, prayers, curses and protests. In fact, lullabies had a hidden function in addition to the obvious function of a mother's song to put the child to sleep. Lullabies Joym's region were full of emotional and maternal aspect, which was visible in different levels of lullabies.

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