



Analyzing the Cultural Position of Islamic Hijab in Satisfying Women's Biological and Spiritual Needs

Mahdi Amani^{1*}, Rahim Mirderikvandi ^{2*}

1. M.A. Student, Department of General Psychology, Imam Khomeini Educational and Research Institute, Qom, Iran.

2. Assistant Professor, Department of Psychology, Imam Khomeini Educational and Research Institute, Qom, Iran.

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Corresponding Author:

Mahdi Amani

Email:

mahdi503090@gmail.com

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Abstract

The purpose of this study was to analyze the cultural position of hijab in satisfying the biological and spiritual needs of women. The research universe consisted of all Islamic texts related to hijab. The sample of the research enfolded the texts related to the hijab and women's biological and spiritual needs. The method of the study was descriptive-analytical. To collect data library procedure was implemented via note taking on index cards from the published references. The data then were analyzed by descriptive-analytical method. The findings of the research showed that in the verses of the Qur'an and the hadiths of the infallibles, the limits and conditions for hijab were determined. The results also indicated that human biological needs, according to Maslow, were physiological needs and the need for safety. The psycho-spiritual needs also included the need for belonging and love, the need for respect, the need for self-actualization, the need for connection and belonging to God, the need for spiritual safety, the need for friendship with God, the need for dignity (self-esteem and moral freedom), the need for spiritual self-actualization, and closeness to God. In other words, concerning the hijab had a significant impact on satisfying these needs in women. By considering the recommended clothing in Islam, satisfying these needs is also facilitated. In general, hijab plays an important role in satisfying women's biological and psycho-spiritual needs.



Extended abstract

Introduction: The concept of modesty and hijab in divine religions aims to preserve the material and spiritual dignity of women and men and provides a basis for their growth and perfection. Islamic hijab encompasses covering and maintaining boundaries in the presence of non-mahrams (those to whom one can marry) and means limiting the display of the body and adornments to non-mahrams and avoiding provocative interactions. Human needs include states of deprivation or deficiency that are essential for the continued existence of living beings. Islam pays attention to human needs and its commandments are aimed at ensuring both worldly and eternal happiness for humans. One of these commandments is the manner of women's dress. In this regard the purpose of this study was to analyze the cultural position of hijab in satisfying the biological and spiritual needs of women.

Method: The research universe consisted of all Islamic texts related to hijab. The sample of the research enfolded the texts related to the hijab and women's biological and spiritual needs. The method of the study was descriptive-analytical. To collect data library procedure was implemented via note taking on index cards from the published references. The data then were analyzed by descriptive-analytical method.

Results: The findings of the research showed that in the verses of the Qur'an and the hadiths of the infallibles, the limits and conditions for hijab were determined. The results also indicated that human biological needs, according to Maslow, were physiological needs and the need for safety. The psycho-spiritual needs also included the need for belonging and love, the need for respect, the need for self-actualization, the need for connection and belonging to God, the need for spiritual safety, the need for friendship with God, the need for dignity (self-esteem and moral freedom), the need for spiritual self-actualization, and closeness to God. In other words, concerning the hijab had a significant impact on satisfying these needs in women. By considering the recommended clothing in Islam, satisfying these needs is also facilitated. In general, hijab plays an important role in satisfying women's biological and psycho-spiritual needs.

Conclusions: To explain the findings of the research it should be declared that hijab plays an important role in satisfying women's biological and psycho-spiritual needs. From a biological point of view, hijab moderates the satisfaction of sexual instinct and also increases the feeling of security against inappropriate looks and behaviors. Psychologically, the hijab gives women a sense of belonging to a community with shared values and increases respect for themselves and from others. Also, the hijab helps women focus on inner values and self-actualization, fostering a sense of closeness and spiritual connection with God. By observing the hijab, the sense of peace and psychological security increases, and women feel that they are walking on the path of God's satisfaction. Proper clothing also increases self-esteem and a sense of freedom in practicing moral matters, and helps women to get closer to their spiritual goals and achieve spiritual flourishing.

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