# Evaluation of Contamination of Aspergillus flavus and Aflatoxin Production in Pistachio Cultivars and Investigation of a Chemical Controlling Method

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# Abstract

In order to study the contamination of Aspergillus flavus and aflatoxin production in pistachio cultivars in the Semnan province, eight cultivars of pistachio were collected from major pistachio growing areas. Using the serial dilution method, ground pistachio kernels were inoculated on plates containing AFPA medium and incubated at 28° C. This experiment was performed using three replications in a completely randomized design. After three to seven days, the number of A. *flavus* colonies were identified and enumerated. Also, aflatoxin  $B_1$ ,  $B_2$ ,  $G_1$  and  $G_2$  contents of the samples were analyzed by HPLC method. On the other hand, the effect of two chemical fungicides as a control method on the growth of Aspergillus flavus and aflatoxin production in pre-harvest pistachio cultivars was assessed under in vivo conditions. For this purpose, an orchard that was under cultivation by the most contaminated cultivar was selected, and a completely randomized design was carried out in the field. Two fungicides (tebuconazole 25% and mancozeb 80%) were applied at an application rate of 1 and 2 L or Kg ha<sup>-1</sup>, respectively. Aflatoxin  $B_1$  and  $B_2$  contents of the samples were analyzed using the HPLC method. The obtained results showed that there was a significant difference in A. flavus colonies number in different pistachio cultivars. Among these cultivars, Owhadi had the highest amount of contamination, and Akbari had the lowest contamination. The results showed that the contents of aflatoxin B1 and B2 were observed in Owhadi cultivar., Tebuconazole 25% and mancozeb 80% reduced A. flavus growth compared to the control. However, this reduction was not significant. The obtained results of aflatoxin analysis showed that these two fungicides reduced the amount of aflatoxins  $B_1$  and  $B_2$  in pistachio cultivar, though there was not a significant reduction. It was concluded that the use of chemical fungicides were ineffective in preventing A. flavus growth and aflatoxin production in pistachio cultivars under in vivo conditions.

Keywords: Aflatoxin, Aspergillus flavus, Fungicides, HPLC, Pistachio, Semnan province.

#### Introduction

Aspergillus flavus is a saprotrophic and pathogenic fungus colonizing tree nuts, cereal grains and legumes. Post-harvest infection usually occurs during harvest, storage, and transit. *A. flavus* infections can develop while hosts are still in the field (pre-harvest) but often demonstrate no symptoms (dormancy) until post-harvest storage or transport. *Aspergillus flavus* is one of the most prevalent storage fungus colonizing pistachio kernels. Many strains produce significant amounts of toxic compounds known as aflatoxins, which, when consumed, are toxic for animals and humans (Onial *et al.*, 2015). Aflatoxins are secondary metabolites produced by some species of Aspergillus, particularly *A. flavus* and *A. parasiticus* (Jalali *et al.*, 2012). Aflatoxins

B<sub>1</sub>, B<sub>2</sub>, G<sub>1</sub> and G<sub>2</sub> are the most toxic and carcinogenic recognized compounds among mycotoxins that contaminate agricultural products. Among these four major aflatoxins, B1 possesses the highest toxic level and then G1, B2 and G2 aflatoxins show lower toxicities, respectively (Rahimi et al., 2007). Consumption of food contaminated with aflatoxin may generate irreparable effects in animals or humans (Yabe et al., 1993). On the other hand, pistachio is a very important economic aspect of agricultural production in Iran and brings the highest currency income among non-oil exporting products. Since the main problem during export is contamination with aflatoxin, controlling A. flavus growth and aflatoxin production in pistachios is critically important. Khodavaisy et al. (2012) evaluated the existence of A. flavus in pistachios and peanuts in Sanandaj, Iran. Their results showed that fungi were detected in almost 72% of the samples. A. flavus fungus was the most predominant isolate from pistachio (22%) and peanut (19%) samples. Aminshahidi (1997) studied aflatoxigenic Aspergillus species in native contaminated pistachios of Iran and investigated their capacity in producing aflatoxin. The results showed that most of the examined samples were contaminated with A. flavus and A. parasiticus molds and aflatoxin. Brenneman et al. (1993) investigated effects of diniconazole on Aspergillus populations and aflatoxin formation in peanuts. Treatment with diniconazole had no effect on populations of the A. flavus group in the soil or shells and reduced populations in seed. Aflatoxin concentrations were significantly correlated to A. flavus-group populations in both shells and seed. Santos et al. (2011) showed an in vitro effect of some fungicides on growth and aflatoxins production by Aspergillus flavus isolated from Capsicum powder. It was concluded that the most efficient fungicide in reducing growth is not always the best choice for preharvest treatments, because it may promote aflatoxin production. Thus, the best fungicide is the one that can simultaneously prevent growth and aflatoxin production.

Wheeler et al. (1991) investigated effects of chlobenthiazone on aflatoxin biosynthesis in Aspergillus flavus. Chlobenthiazone had a strong inhibitory effect on the synthesis of aflatoxin B<sub>1</sub> by strains of fungus. A. flavus failed to produce aflatoxins at chlobenthiazone concentrations above 8 microgram/ml. Krishnamurthy and Shashikala (2006) evaluated the inhibition of aflatoxin B<sub>1</sub> production of Aspergillus flavus, isolated from soybean seeds by fungicide captan and certain natural plant products. Their results showed that all the treatments were effective in controlling aflatoxin  $B_1$  production. Captan reduced the level of aflatoxin B<sub>1</sub>. All the natural product treatments applied were significantly effective in inhibiting aflatoxin B<sub>1</sub> production on soybean seeds by A. flavus. They suggested that these natural plant products may successfully replace chemical fungicides and provide an alternative method to protect soybean and other agricultural commodities from aflatoxin B<sub>1</sub> production by A. flavus. Formenti et al. (2012) researched the condition of growth and aflatoxins production by Aspergillus flavus using anti-fungal compounds. The temporal efficacy of three different chemical fungicides in reducing growth and toxin production by isolates of A. flavus was studied. Their results showed that all the fungicides significantly inhibited mycelial growth compared to the control. An inhibitory effect of all fungicides generally improved with increasing concentration. Also, all the fungicide treatments resulted in a significant reduction in aflatoxin B1 production when compared to the control. Considering the economic importance of pistachio in Iran, the aim of our study was to evaluate pistachio cultivars contamination in relation to A. flavus growth and aflatoxin production in the Semnan province. This study also aimed to evaluate the efficacy of some fungicides for controlling A. flavus growth and aflatoxin production.

# **Materials and Methods**

The first step in this study was to select a suitable sample. Eight cultivars of pistachio from different pistachio growing areas of the Semnan province, including Owhadi, Ahmadaghaii, Shahpasand, Khanjari, Abasali, Khani, Kalleghoochi and Akbari, were collected and moved to the laboratory. As the distribution of toxin and its dispersion is different in various parts of the kernel, the intensity of fungi contamination requires a homogeny and totally uniform sample to be studied. Thus, the nut kernels should be grinded. Then, a 10g of grinded kernel was added to 90 ml of 0.1% Pepton water and dilutions of 10<sup>-1</sup> and 10<sup>-2</sup> were prepared. In the next stage, 0.1 ml of the final concentration was cultured in specialized culture media with three replications. Then, the plates were incubated at 28 °C. Finally, A. flavus colonies were enumerated after 3-7 days. The grown fungi were identified by standard mycological techniques based macroscopic and microscopic morphology. For identification of A. flavus from other Aspergillus species, three medias, including CYA (Czapek Yeast Extract Agar), MEA (Malt Extract Agar) and AFPA (Aspergillus flavus-parasiticus Agar), were applied. AFPA is a selective identification medium for the detection of A. flavus group strains. Macromorphological features, which were considered for species identification and differentiation, included conidial and mycelial color, colony diameter, colony reverse color and the presence of sclerotia and cleistothecia. It is possible to distinguish these species from other Aspergillus based on the development of an orange color on the reverse of the plates. Also, colonies taxonomically between the two species (A. flavus & A. parasiticus) can be separated. Those of A. flavus were yellow-green in color and those of A. parasiticus were a distinctly darker green in color, referred to as near Ivy green. The colony diameter of A. flavus is 50 to 70 mm (Rodrigues et al., 2007). Also, aflatoxin B<sub>1</sub>, B<sub>2</sub>, G<sub>1</sub> and G<sub>2</sub> contents in different pistachio cultivars were

inhibitory effect of fungicides on growth of A. flavus and aflatoxin production in pre-harvest pistachio cultivars, the most contaminated cultivar, Owhadi, was selected, and a completely randomized design was carried out in field (In vivo). Two fungicides, tebuconazole 25% and mancozeb 80%, were applied at an application rate of 1 and 2 L or Kg ha<sup>-1</sup>, respectively. Mancozeb is a fungicide in a subclass of carbamate pesticides called dithiocarbamates. I It is used to protect many fruit, nut and field crops from a wide spectrum of fungal diseases with the currency period of 7 days. Tebuconazole is a triazole fungicide used agriculturally to treat plant pathogenic fungi. It has a mode of action that is a systemic action (as well as preventive, curative, eradicative action) with the currency period of 14 days. In the orchards, three plots (in three repetitions) were considered, which included the first plot as a control group (not sprayed), a second plot (sprayed by tebuconazole 25%) and a third plot (sprayed by mancozeb 80%). The trees were sprayed by mancozeb every seven to ten days and every 14 days for tebuconazole. All conditions, including environment and farming operations, were considered the same in the plots. Finally, a composite sample was collected and moved to the laboratory. In the next step, pistachio kernels were grinded, and 10g of grinded pistachios were added to 90 ml of 0.1% Pepton water and a dilution of 10<sup>-2</sup> was prepared. 0.1 ml of this concentration was cultured in a specialized culture medium (AFPA), and it was spread on the plate level (three times by random selection). Then, the plates were placed in an incubator for 28 °C. The number of colonies was counted after three to seven days. Aflatoxin B<sub>1</sub> and B<sub>2</sub> contents of the samples were analyzed using the HPLC method. The extract was placed in glass tubes and injected into the HPLC system. Standard solutions for the calibration curves were prepared on a daily basis. Determination of aflatoxins B1 and B2 were performed us-

analyzed by the HPLC method. In order to study the

ing HPLC with post-column fluorescence derivatization. A column coupled with a pre-column with the same stationary phase was used. HPLC analysis was carried out using isocratic elution. The system consisted of a pump coupled with a fluorescence detector, and the mobile phase consisted of water-methanol-acetonitrile.

# Results

The results showed that there was a significant difference among the average number of colonies in different cultivars of pistachio. Table 1 shows the comparison of average contamination in 8 cultivars of Semnan province pistachio by *Aspergillus flavus* using Duncan statistical test. As it is seen in Fig. 1, among the tested parameters, Owhadi had the highest contamination, while Akbari had the lowest contamination.

Table 1. Comparison of average contamination in 8 cultivars of Semnan province pistachio by Aspergillus flavus.

Cultivar of pistachio	Average number of colonies	Duncan Statistical Classification
Owhadi	7*10 <sup>3</sup>	А
Ahmadaghaii	6.366*10 <sup>3</sup>	А
Shahpasand	5.033*10 <sup>3</sup>	В
Khanjari	4.033*10 <sup>3</sup>	С
Abasali	$1.333*10^{3}$	D
Khani	0.633*10 <sup>3</sup>	DE
Kalleghoochi	0.5*10 <sup>3</sup>	E
Akbari	0.3*10 <sup>3</sup>	Е



Fig. 1. The number of A. flavus colonies in different varieties of Semnan province pistachio

The study of aflatoxin and its measurement by HPLC method in different pistachio cultivars showed that among different cultivars, contents of  $B_1$  and  $B_2$  aflatoxins were observed in the Owhadi cultivar. The

amount and type of aflatoxins in different pistachio cultivars are shown in Table 2. The amount of aflatoxins  $B_1$  and  $B_2$  in Owhadi cultivar were 0.35 ppb and 0.06 ppb, respectively. In Iran, the maximum tolerated levels of aflatoxin in nuts and dried fruits are 8 ppb for aflatox-

in B<sub>1</sub> and 15 ppb for total aflatoxins (B<sub>1</sub>, B<sub>2</sub>, G<sub>1</sub> and G<sub>2</sub>).

Pistachio variety	The amount of aflatoxin production (ppb)				
	$B_1$	$B_2$	G1	$G_2$	Total
Abasali	ND	ND	ND	ND	ND
Shahpasand	ND	ND	ND	ND	ND
Owhadi	0.35	0.06	ND	ND	0.41
Kalleghoochi	ND	ND	ND	ND	ND
Akbari	ND	ND	ND	ND	ND
Khani	ND	ND	ND	ND	ND
Ahmadaghaii	ND	ND	ND	ND	ND
Khanjari	ND	ND	ND	ND	ND

Table 2. The amount and type of aflatoxin in	8 pistachio cultivars of Semnar	n province (2011-2012)
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ND= Not Detected

The inhibitory effect of two fungicides, including tebuconazole 25% and mancozeb 80%, on growth of *A*. *flavus* and aflatoxin production was assessed under *in vivo* conditions. The results are shown in Table 3 and Fig. 2. Table 3 shows the comparison of means by the Duncan method on effect of tebuconazole 25% and

mancozeb 80% in the Owhadi variety. According to the results, tebuconazole 25% and mancozeb 80% reduced *A. flavus* growth compared to the control (at %5 level). Fig. 2 shows the effect of two fungicides on the average number of *A. flavus* mold colonies on the Owhadi variety.

Table 3. Comparison of means by Duncan on effect of tebuconazole 25% and mancozeb 80% in Owhadi variety

Variety	Experiment variant	Means	Duncan Statistical classification
	Control	7.26*10 <sup>3</sup>	А
Owhadi	Tebuconazole 25%	6.33*10 <sup>3</sup>	В
	Mancozeb 80%	6.2*10 <sup>3</sup>	В



Fig. 2. Effect of two fungicides on average number of A. flavus mold colonies on Owhadi variety.

Aflatoxin  $B_1$  and  $B_2$  contents of the samples were analyzed using the HPLC method. The results are shown in Table 4. The amount of aflatoxins  $B_1$  and  $B_2$  in the Owhadi pistachio cultivar at specified concentration of

tebuconazole 25% were 0.34 ppb and 0.06 ppb, respectively. The amount of aflatoxins  $B_1$  and  $B_2$  at specified concentration of mancozeb 80% were 0.33 ppb and 0.05 ppb, respectively. The obtained results showed that tebuconazole 25% and mancozeb 80% reduced aflatoxin production at *in vivo* conditions. However, the reduction was not significant.

Table 4. The amount of aflatoxins B1 and B2 in Owhadi pistachio cultivar at specified concentrations of fungicides.

cultivar		The amount of aflatoxin $B_1 \& B_2$ (ppb)		
cultivar	Experiment variant	B	B2	
	Control	0.38	0.08	
Owhadi	Tebuconazole (25%)	0.34	0.06	
	Mancozeb (80%)	0.33	0.05	

# Discussion

Our results showed that there was a significant difference among the average number of A. flavus colonies in different cultivars of pistachio. The Owhadi cultivar had the highest contamination while the Akbari cultivar had the lowest contamination. A.flavus produced B1 and B2 aflatoxins in the Owhadi cultivar. Research has shown that in Iran, pistachio nut contamination to Aspergillus species and their toxins are the most serious problems in pistachio production, consumption, and export processing. Aflatoxin producing Aspergillus species from pistachio were more prevalent in pistachio production regions (Rahimi et al., 2007; Houshyarfard et al., 2014). Houshyarfard et al. (2014) showed that five-hundred and eighty isolates were identified as A. flavus and it was the most abundant species of Aspergillus section Flavi in pistachio orchards of Iran. Mohammadi et al. (2009) reported that A. flavus was predominant in Iranian pistachio orchards. Magnoli et al. (1998) performed research on enumeration and identification of Aspergillus species in feeds from Argentina. The samples were examined for Aspergillus species. In addition, the capacity to produce aflatoxins by Aspergillus was determined. Their results showed that one of the most predominant

species of *Aspergillus* was *A. flavus*, and 47% strains of *A. flavus* produced aflatoxins. Al-Gahtani *et al.* (2013) did an experiment to survey pistachio from three main regions in Saudi Arabia for the presence of *Aspergillus* spp. and to detect the levels of aflatoxin using the HPLC method. The study indicated that *A.flavus* showed the highest prevalence in the investigated samples. From fifteen samples, six isolates of *A. flavus* were positive for aflatoxin production.

Our results on the effect of two fungicides tebuconazole 25% and mancozeb 80% on growth of A. flavus and aflatoxin production in pistachio cultivar (Owhadi) showed that fungicides reduced A. flavus growth and aflatoxin production, but this reduction was not significant. The research of Brenneman et al. (1993) showed that diniconazole was not as effective in reducing aflatoxin contamination in peanuts, even at relatively high levels. Treatment with diniconazole had no effect on the A. flavus group in the soil or shells and reduced populations in seed only. One research study showed that natural plant products may successfully replace chemical fungicides and provide an alternative method to protect agricultural commodities from aflatoxin B<sub>1</sub> production by A. flavus (Krishnamurthy and Shashikala, 2006). Research has shown that essential oils from aromatic plants inhibited the growth of Aspergillus flavus (Thanaboripat et al., 2007; Thanaboripat et al., 2004). Hence, it can be concluded that these natural plant products can be used instead of chemical fungicides, because they showed better results to control A. flavus growth and aflatoxin production. Several reports showed that the application of a biological control compared to a chemical control had better results in reducing growth and aflatoxin production by A. flavus (Brenneman et al., 1993). Conventional methods of Aspergillus flavus control with the use of fungicides were reported as ineffective when applied in environmentally safe concentrations. It is suggested that traditional control methods such as the use of pesticides, which effectively reduce populations of many plant pests in the field, have not been effective in controlling aflatoxin-producing fungi (Bhatnagar et al., 1993). These several conventional agronomic practices (such as use of fungicides) influence preharvest aflatoxin contamination of crops, but such procedures have only a limited potential for reducing aflatoxin levels in the field (Bhatnagar et al., 1993; Widstrom, 1987; Darrah and Bany, 1991; Lillehoj, 1991). These findings are supported by the results of this study.

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